

Sample Life Enrichment Calendar



Sunday 4/7	Monday 4/8	Tuesday 4/9	Wednesday 4/10	Thursday 4/11	Friday 4/12	Saturday 4/13
Composers Worship Services In the Theater 8am Mass 11am 1 st United Methodist	Composers King Sooper/Dollar Tree Shopping meet in the Bistro at 2:30 pm	Composers Catholic Services 10 am Communion 10:30 am Rosary in the Theater	Composers Bible Study with Dennis Ford in the Peterson Lounge at 10:30am Ice Cream	Composers Less Fret, More Faith Bible Study in the Theater 2pm	Composers Happy Hour in the Bistro and Harmony Rooms at 4:30pm	Composers Weekend Movie "The Notebook" in the Theater at 6:30 pm
Create Harmony Painted Paws for Veterans Puppy visit between 1pm and 3pm	Create Harmony Doodling in the Art Center at 2pm	Create Harmony Cooking Class – "Superfood Frittata" in the Bistro at 2:30pm	Create Harmony Game time with Renee in the Bistro at 2:15pm	Create Harmony Flower Arrangements for the community in the Harmony Room 3pm	Create Harmony Watercolor painting in the Art Center at 2pm	Create Harmony Drop in Craft in the Art Center 2:30 pm
The World We Live In The Story of God with Morgan Freeman in the Theater at 6:30 pm	The World We Live In Ken Burn's Presents The Roosevelts in the Theater 6:30 pm	The World We Live In Concerts of Our Lives "Three Tenors London 1996" in the Theater 6:30 pm	The World We Live In Girl Scout Meet & Cookie Sale 5 pm Governors Mansions n the Harmony Room	The World We Live In Games and Gab Party in the Bistro at 6:30pm	The World We Live In Painted Paws for Veterans Puppy visit between 1pm and 3pm	The World We Live In David, King Of Jeruselem Musical for those with tickets Bistro at 11am
Go 4 Life Active Games in the Fitness Center at 4:30 pm	Go 4 Life HASFit Video class in the Fitness Center at 11am	Go 4 Life Balance with Bri class in the Fitness Center at 11am	Go 4 Life HASFit Video class in the Fitness Center at 11am	Go 4 Life Little London Fitness Class in the Fitness Center at 11am	Go 4 Life HASFit Video class in the Fitness Center at 11am	Go 4 Life Balance with Bri class in the Fitness Center at 11am